



		Buik training	body pump	body shape	Total Body	Spinning/RPM	Tai Chi	Kick/boksen	Pilates	BBB	zumba	steps	salsa
Stoker Fitness 1e Westewagenhof 1 3011 AS Rotterdam Tel: 010-4332168	ma	15:00 - 17:00			19:00								
	di	15:00 - 17:00			10:00	17:30 - 19:15					18:15		
	woe	15:00 - 17:30								19:30			
	do	17:15		10:00	18:15	17:30							
	vr	15:00 - 17:00											
	za	11:15			10:30	11:30							
	zo	11:30			12:00 90 min								
Stoker Health&rehab Prinsenlaan 80 3066 KA Rotterdam Tel: 010-4205152	ma	19:00	18:15			19:15			20:15		2-:30		
	di												
	woe	19:00				20:00					19:15	18:15	20:15
	do					20:00							
	vr												
	za	10:45									11:00		
	zo					11:30							